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# **NPC / IFBB PRO AUSTRIA**

**presents**

**Natural Regional &  
Regional**

**Saturday, April 25, 2026**

**Wels City Hall  
Pollheimerstraße 1  
4600 Wels**



# General information

- **Weigh In**

- April 25, 2026: 08:00 - 11:00

- **Location**

- Wels City Hall, Pollheimerstraße 1, 4600 Wels



- **NPC membership.** A general requirement for starting is an NPC Worldwide membership — > <https://www.npcworldwidemembership.com/system/>
- **Regional Certificate.** Regional certificates are stored in the system for all subsequent international shows. (NO certificates in Novice, Juniors, and Masters categories)
- **The (true) Novice**
  - A True Novice has never been on the stage of an NPC show.
  - No Novice has not yet achieved a first place in an NPC championship in the current calendar year.
- **Electronic registration**
  - Electronic registration is possible from January 5th, 2026 to April 22nd, 2026. Registrations after this date will incur a € 50 processing fee .

- **Cancellations**
  - If a registration is cancelled before April 22, 2026, a processing fee of 40% of the amount paid will be retained.
  - From April 23, 2026 onwards, the paid amount will be retained in full.
- **Posing music** for Bodybuilding, Classic Physique, Women's Physique and Women's Fitness divisions .
  - USB sticks will NOT be accepted during the Weigh-In! Music must be uploaded by the athlete to the Muscleware portal. If no music has been uploaded, posing music selected by the DJ will be played.
- **Commercial photography and the use of professional photo/video recording equipment**
  - Inside the hall only with the permission of the press officer. This must be submitted to the press officer, Mag. Drabek, by April 22, 2026. Press passes can be obtained by emailing [presse@npcaustria.at](mailto:presse@npcaustria.at) or calling 0699/81559925 and are only possible in conjunction with a press pass.
  - A fee of €150 (including entry to the event) will be charged for the use of professional photo/video recording equipment WITHOUT a press pass.
  - The use of mobile phones for photos and video recordings is permitted without additional costs.

## **Services**

- **TANNING (ProTan)**
  - [www.npcaustria.at](http://www.npcaustria.at)
  - Tanning in the venue is permitted exclusively by the ProTan Tanning Team! Self-tanning is NOT allowed in the backstage area of the city hall.
- **MAKE UP (ProTan Beauty Team)**
  - [www.npcaustria.at](http://www.npcaustria.at)
  - Makeup application in the venue is permitted exclusively by the ProTan Beauty Team! Even hired stylists are NOT allowed in the backstage area of the city hall.
- **Tickets**
  - [www.npcaustria.at](http://www.npcaustria.at)
- **Livestream**
  - [www.npcaustria.at](http://www.npcaustria.at)

# **Divisions & Classes (Running Order)**

## **• Natural Regional**

- **Men's Physique:** True Novice Open , Novice Open, Juniors (18-23), Masters ( +35 ), Masters (+50), Class A, Class B, Class C
- **Men s' Classic Physique:** True Novice A, True Novice B, Novice A, Novice B, Juniors (18-23 ), Masters ( +35 ), Masters (+50), Class A, Class B, Class C  
followed by Finals, Victory Ceremony & Overall of Men 's Physique & MCP
- **Women s' Fitness:** True Novice Open , Novice Open, Junior Open  
Women 's Fitness Open
- **Women s' Wellness:** True Novice Open , Novice Open, Juniors (18-23), Masters (+35), Women 's Wellness Open
- **Women s' Figure:** True Novice Open, Novice Open , Juniors Open, Masters ( +35 ), Women 's Figure Open  
followed by Finals, Victory Ceremony & Overall of Womn 's Fitness, Wellness, Figure
- **Men s' Bodybuilding:** Wheelchair Open , True Novice Open , Novice Open, Junior s (18-23) Open , Masters ( +35 ), Masters (+50) Class A, Class B, Class C, Class D
- **Women s' Physique:** True Novice Open, Novice Open , Juniors Open, Masters ( +35 ), Women 's Physique Open  
followed by Finals & Victory Ceremony & Overall of Men 's Bodybuilding & WP
- **Women s' Fit Model:** True Novice Open, Novice Open, Juniors (18-23), Masters ( +35 ), Masters (+45) Class A, Class B
- **Women s' Bikini:** True Novice A, True Novice B, Novice A, Novice B, Juniors (18-23) Open , Masters ( +35 ), Masters (+45), Class A, Class B, Class C  
followed by Finals, Victory Ceremony & Overall of Womn 's Fit Model, Bikini

## **• Regional**

The Regional takes place after the Natural Regional (starting not earlier than 15:00) and follows the same Running Order.

# **Natural Regional**

- **WHEN**

- April 25, 2026 , from 11:30 a.m.
- Entry to the city hall for athletes and coaches from 8:00 a.m.
- Entry to the city hall for visitors from 10:00

- **ENTRY FEE**

- Category 1: €130
- Category 2: €80
- Category 3: €80
- are possible from January 5th, 2026 to April 22nd, 2026 . Registrations after this date will incur a € 50 processing fee .
- Coaches: €80 (including a seat in the hall)

- **Doping controls**

- ALL overall winners of the OPEN categories will be checked.
- Should a division have fewer than 5 athletes and no overall winner can be determined, the Head Judge will select one athlete for doping control.
- If clear evidence of doping abuse is detected, those athletes will be called in for doping control.
- More detailed information can be found at <https://www.ifbbpro.com/npc-worldwide/natural-contest-rules/>

# **Regional**

- **WHEN**

- April 25, 2026 NOT EARLIER THAN 3:00 PM.
- The start can be postponed.

- **ENTRY FEE:**

- Category 1: €100
- Category 2: €80
- Category 3: €80
- Electronic applications are possible from January 5th, 2026 to April 22nd, 2026 . Registrations after this date will incur a € 50 processing fee
- Coaches: €80 (including a seat in the hall)

This information is constantly updated.

The IFBB PRO LEAGUE/NPC Austria team is looking forward to seeing you.

