
The Austrian Oak

Friday, August 21, 2026
Weigh In

Saturday, August 22, 2026
Natural Regional
Regional

Sunday, August 23, 2026
Pro Qualifier
PRO Show

MARX Halle
Karl-Farkas-Gasse 19
1030 Vienna
Austria



General information

- **Weigh In Amateurs**
 - August 21, 2026: 1:00 p.m. - 7:00 p.m
- **Weigh In Pros (PRO Athletes Meeting)**
 - August 21, 2026: 7:00 PM
- **Location.** For all championships, weigh-ins, pro athlete meetings, tanning, etc.
 - Marx Halle, Karl-Farkas-Gasse 19, 1030 Vienna, Austria



- **Arrival at Marx Halle Vienna**
 - **Subway:**
 - U3 – Schlachthausgasse station, exit Markthofgasse (recommended exit for the shortest route to Marx Halle).
 - U3 – Erdberg station, Nottendorfer Gasse exit (alternative route with a slightly longer walk).
 - **S-Bahn:**
 - S7 – St. Marx stop, Landstraßer Hauptstraße exit.

- **Tram:**
Line 18 – Viehmarktgasse
Line 71 – St. Marx

- **Bus:**
Line 74A – Viehmarktgasse
Line 80A – Neu Marx

- **By plane:**
From Vienna Airport, take the S7 or Railjet to Vienna Central Station. From there, you can continue your journey by subway (U3) or bus towards St. Marx. Direct arrival by taxi or ride-sharing is also possible and takes approximately 15 minutes, depending on traffic.



- **Parking**

- **BOE Garage – Neu Marx Parking Garage** ,
300 m walk to the main entrance of the MARX Halle.
Entrance via Hermine-Jursa-Gasse 11. Flat rate € 6 from 6:00 pm to midnight. 540 parking spaces .
- **WIPARK Garage – Media Quarter Marx Parking Garage**
290 m walk to the main entrance, entrance via Hennebergasse, 2–4 day rate €14 , 224 parking spaces
- **WIPARK Garage – U3 Tangent Parking**
600 m walk to the main entrance
Entrance via Erdberger Mais 3, day flat rate € 9.90, 137 parking spaces
- **Public parking spaces / Short-term parking zone**
Valid throughout Vienna from Monday to Friday (weekdays) 09:00 – 22:00

- **Recommended hotels**

- **Aparthotel Vienna Rioca / Vienna Posto 2**

- Website: <https://www.rioca.eu/location/aparthotel-wien-rioca-vienna-posto-2/>

- Telephone: +43 1 89 009 92

- **B&B Hotel Vienna – St. Marx**

- Website: <https://www.hotel-bb.com/de/hotel/wien-st-marx>

- Phone: +43 1 266 012 50

- Email: wien-st-marx@hotelbb.com

- **Hotel Doppio**

- Website: <https://www.austria-trend.at/de/hotels/doppio>

- Telephone: +43 (1) 790 25

- Email: doppio@austria-trend.at

- **Vienna Sporthotel**

- Website: <https://www.vienna-sporthotel.at/>

- Telephone: +43 1 7988 2010

- Email: info@vienna-sporthotel.at

- **Moxy Vienna City East**

- Website: <https://www.marriott.com/en-us/hotels/vieoe-moxy-vienna-city-east/overview/>

- Phone: +43 1 890 5777

- Email: info@moxy-vienna.at

- Special Rate: F5152

- **NPC membership.** A prerequisite for starting is an NPC Worldwide membership —> <https://www.npcworldwidemembership.com/system/>
- **Regional Certificate.** Austrian athletes can also compete in the Pro Qualifier after competing in an OPEN class at the Regionals. The Regional Certificates are stored in the system for all subsequent international shows. (NO Certificates in the Novice, Juniors, and Masters classes)
- **Mandatory Status.** All countries with a “Mandatory Status” must present the REGIONAL CERTIFICATE from their respective home country during Pro Qualifier registration.
 - WITHOUT A VALID REGIONAL CERTIFICATE, IT IS NOT POSSIBLE TO COMPETE AT THE PRO QUALIFIER.
 - Those countries WITHOUT "Mandatory Status" do NOT need to present a Regional Certificate. However, the athlete must be able to credibly demonstrate that they reside in that country.

- **The (true) Novice** is integrated into the Regional Championship process.
 - A True Novice has never been on the stage of an NPC show.
 - No Novice has yet achieved first place in an NPC championship in the current calendar year.
 - True Novice is only offered at Regional and Natural Regional.

- **Registration**
 - Electronic registrations are possible from January 5th, 2026 to August 18th, 2026 . Registrations after this date will incur a € 50 processing fee.
 - On site registrations are possible with a processing fee of €50.

- **Cancellations**
 - If a registration is cancelled before August 17, 2026, a processing fee of 40% of the amount paid will be retained.
 - From August 18, 2026 onwards, the paid amount will be retained in full.

- **Posing music** for Bodybuilding, Classic Physique, Woman's Physique and Women's Fitness divisions.
 - USB sticks will NOT be accepted during the weigh-in! Music must be uploaded by the athlete to the Musclemware portal. If no music has been uploaded, posing music selected by the DJ will be played.

- **Commercial photography and the use of professional photo/video recording equipment**
 - Inside the Halle Only with the permission of the press officer . This must be submitted to the press officer, Mag. Drabek, by August 20, 2026. Press passes can be obtained by emailing presse@npcaustria.at or calling 0699/81559925 and are only possible in conjunction with a press pass.
 - For the use of professional photo/video recording equipment WITHOUT a press pass, a fee of €150 (including entry to the event) will be charged.
 - The fee entitles the holder solely to the creation of image and video material. Commercial use or sale to participants is prohibited without a separate written agreement.
 - The use of mobile phones for photos and video recordings is permitted without additional costs.

Services

- **TANNING (ProTan)**

- www.austrianoak.at
- Tanning in the venue is permitted exclusively by the ProTan Tanning Team! Self-tanning is NOT allowed in the backstage area of the MARX Halle.

- **MAKE UP (ProTan Beauty Team)**

- www.austrianoak.at
- Makeup application in the venue is permitted exclusively by the ProTan Beauty Team! Even hired stylists are NOT allowed in the backstage area of the MARX Halle.

- **Tickets**

- www.austrianoak.at

- **Livestream**

- www.austrianoak.at

- **Partner Gym**

- Our official Partner Gym is „Das Gym“: <https://www.dasgym.com/>
- With your Pro Qualifier or Pro Show registration you'll receive free entry to „Das Gym“ from AUGUST 17 - AUGUST 30

Divisions & Classes

- **Regional, Natural Regional, Pro Qualifier Divisions**

- **Men's Physique:** True Novice Open; Novice Open, Juniors (18-23), Masters (+35), Masters (+50), Class A, Class B, Class C, Class D
- **Men 's Classic Physique:** True Novice A, True Novice B, Novice A, Novice B, Juniors (18-23), Masters (+35), Masters (+50), Class A, Class B, Class C, Class D
- **Men 's Bodybuilding:** Wheelchair Open, True Novice Open, Novice Open, Juniors (18-23), Masters (+35), Masters (+50), Class A, Class B, Class C, Class D (Bantamweight included in the Natural Show only)
- **Women 's Physique:** True Novice Open, Novice Open, Juniors (18-23), Masters (+35), Women's Physique Open
- **Women 's Fitness:** True Novice Open, Novice Open, Juniors (18-23), Women 's Fitness Open
- **Women 's Wellness:** True Novice Open, Novice Open, Juniors (18-23), Masters (+35), Class A, Class B
- **Women 's Figure:** True Novice Open, Novice Open, Juniors (18-23), Masters (+35), Masters (+45), Class A, Class B
- **Women 's Fit Model:** True Novice Open, Novice Open, Juniors (18-23), Masters (+35), Masters (+45) Class A, Class B, Class C
- **Women 's Bikini:** True Novice A, True Novice B, Novice A, Novice B, Juniors (18-23), Masters (+35), Masters (+45), Class A, Class B, Class C, Class D

Natural Regional

- **WHEN**

- August 22, 2026, from 9:00 AM
- Entry to the MARX Halle for athletes & coaches from 5:00 AM
- Entry to the MARX Halle for visitors from 8:00 AM

- **ENTRY FEE**

- Category 1: €140
- Category 2: €90
- Category 3: €90
- are possible from January 5th, 2026 to August 18th , 2026. Registrations after this date will incur a € 50 processing fee .
- Coaches: 90€ Euro (including a seat in the hall)
 - According to the currently valid NPC Worldwide rules, an NPC membership must be purchased beforehand. This is a prerequisite for access to the backstage area as a coach.

- **Doping controls**

- ALL overall winners of the OPEN categories will be checked.
- Should a division have fewer than 5 athletes and no overall winner can be determined, the Head Judge will select one athlete for doping control.
- If clear evidence of doping abuse is detected, those athletes will be called in for doping control.
- More detailed information can be found at <https://www.ifbbpro.com/npc-worldwide/natural-contest-rules/>

Regional

- **WHEN**

- August 22 , 2026 NOT EARLIER THAN 2:00 PM.
- The start can be postponed.

- **ENTRY FEE:**

- Category 1: €120
- Category 2: €90
- Category 3: €90

- Electronic applications are possible from January 5th, 2026 to August 18th , 2026 . Registrations after this date will incur a € 50 processing fee.
- Coaches: 90€ Euro (including a seat in the hall)
 - According to the currently valid NPC Worldwide rules, an NPC membership must be purchased beforehand. This is a prerequisite for access to the backstage area as a coach.

Pro Qualifier

- **WHEN**

- August 23 , 2026 , from 9:00 AM
- Entry to the MARX Halle for athletes & coaches from 5:00 AM
- Entry to the MARX Halle for visitors from 8:00 AM

- **ENTRY FEE:**

- Category 1: €280
- Category 2: €160
- Category 3: €160
- Electronic applications are possible from January 5th, 2026 to August 18th , 2026 . Registrations after this date will incur a € 50 processing fee.
- Coaches: 90€ Euro (including a seat in the hall)
 - According to the currently valid NPC Worldwide rules, an NPC membership must be purchased beforehand. This is a prerequisite for access to the backstage area as a coach.

PRO SHOW

- **WHEN**

- On August 23, 2026 at 6:00 PM

- **WHAT**

- IFBB PRO Classic Physique, Bikini, Figure, Bodybuilding

- **Registration**

- <https://www.ifbbpromembership.com>

- **PRO Athletes Meeting / Weigh In**

- August 21, 2026, 7:00 PM

- **Coaches** : €150 (including a seat in the hall)
 - According to the currently valid NPC Worldwide rules, an NPC membership must be purchased beforehand. This is a prerequisite for access to the backstage area as a coach.

This information is constantly updated.

The IFBB PRO LEAGUE/NPC Austria team is looking forward to seeing you.